



# Öhlins Road & Track Coilover Suspension BMW 1M Coupé (E82) BMZ MN01

A more than 40 year long tradition of high-end racing commitments and state-of-the-art solutions within advanced suspension technology is now available for street cars all over the world. The focus has been clear from the very beginning – superior road handling without sacrificing comfort in your day-to-day transports. The time of compromises is over. All shocks have suffered through vast corrosion tests according to ISO 9227. The end result is a worldwide 2-year limited warranty on all of our products.

## General Features:

- DFV technology (Dual Flow Valve)
- Individual height adjustment
- Rebuildable
- Corrosion salt spray tested (ISO 9227)
- 2 year warranty

## Features Front:

- McPherson strut, upside down
- Compression and rebound damping with one adjuster
- Spring preload adjuster
- Separate ride height adjustment
- Approx. 0 - 30 mm lower than standard with recommended setup
- Spring rate 60 N/mm
- Use with original top mounts

## Features Rear:

- Conventional Shock Absorber
- Compression and rebound damping with one adjuster
- Spring preload adjuster
- Separate ride height adjustment

Approx. 5 mm lower than standard with recommended setup

Spring rate 110 N/mm

Use with original top mounts

## Purchased Parts Package:

Coil over kit incl. springs and mounting parts

C-Spanner (for spring preload adjustment)

Owners manual and mounting instruction

Sticker set

## Fits the following vehicles

[BMW 1M Coupé \(E82\), year 2011 – 2012](#)

Type: E82

TÜV certificate

Manufacturer confirmation (SUI)

GOCA (BE)

## Part number

BMZ MN01

## Price and availability

**No longer available**



DFV stands for Dual-Flow-Valve. A patented technology only available on Öhlins Road & Track coil over suspension. At the racetrack, the DFV gives you incredible traction but on the road, it delivers high comfort for daily transports.

[Learn more...](#)

The picture shown can deviate from the product delivered.



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