



Öhlins Road & Track Coilover Suspension BMS MI00 for BMW 3 series (E90)

A more than 40 year long tradition of high-end racing commitments and state-of-the-art solutions within advanced suspension technology is now available for street cars all over the world. The focus has been clear from the very beginning – superior road handling without sacrificing comfort in your day-to-day transports. The time of compromises is over. All shocks have suffered through vast corrosion tests according to ISO 9227. The end result is a worldwide 2-year limited warranty on all of our products.

General Features:

- DFV technology (Dual Flow Valve)
- Individual height adjustment
- Rebuildable
- Corrosion salt spray tested (ISO 9227)
- 2 year warranty

Features Front:

- McPherson strut, upside down
- Compression and rebound damping with one adjuster
- Spring preload adjuster
- Separate ride height adjustment
- Approx. 5 - 20 mm lower than standard with recommended setup
- Spring rate 60 N/mm
- Use with original top mounts

Features Rear:

- Conventional Shock Absorber
- Compression and rebound damping with one adjuster
- Spring preload adjuster
- Separate ride height adjustment

Approx. 10 - 40 mm lower than standard with recommended setup

Spring rate 70 N/mm

Use with original top mounts

Purchased Parts Package:

Coil over kit incl. springs and mounting parts

C-Spanner (for spring preload adjustment)

Owners manual and mounting instruction

Sticker set

Fits the following vehicles

BMW 3-Series (E9x) außer/except Hybrid & xDrive, year 2005 – 2013

Type: E90, E91, E92, E93

Variants: alle / all

EG TA: e1*2001/116*0308*00-13, e1*2001/116*0346*00-12, e1*2007/46*0314*,
e1*2007/46*0315*, e1*2007/46*0316*

TÜV certificate

Manufacturer confirmation (SUI)

GOCA (BE)

Part number

BMS MI00

Price and availability

No longer available

The logo for DFV (Dual-Flow-Valve) is displayed in a bold, red, italicized sans-serif font. The letters are thick and slanted to the right, giving it a dynamic and sporty appearance.

DFV stands for Dual-Flow-Valve. A patented technology only available on Öhlins Road & Track coil over suspension. At the racetrack, the DFV gives you incredible traction but on the road, it delivers high comfort for daily transports.

[Learn more...](#)

The picture shown can deviate from the product delivered.





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