

Kit Contents		
Description	Part No	Pcs
Sticker Warning	00196-16	1
Sticker Öhlins wh/tr	01185-01	2
Sticker Öhlins bl/tr	01185-04	2
Guide ring 31/38	01438-04	4
Preload tube 139mm	01460-77	2
Shaft extension	21021-30	1
End eye	21055-01	1
Needle bearing	21852-02	1
Seal	21853-02	2

**⚠ Warning!**

Only approved Öhlins personnel are permitted to install this kit. The procedure requires specific tools. This product is an important part of the vehicle and the vehicle stability.

**👁 Note!**

Before you install this product, check the kit contents. If anything is missing, please contact an Öhlins dealer.

**⚠ Warning!**

After you have installed the Öhlins product, take a test ride at low speed to ensure that the vehicle has maintained stability.

Race kit for Yamaha YZF R 1 M

**22100-03**

Mounting Instructions

# MOUNTING INSTRUCTIONS

## 1 Length adjustable end eye

### 1.1

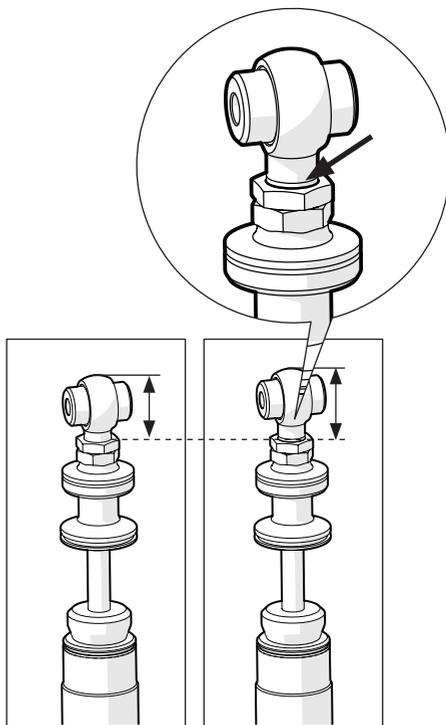
See the Öhlins *Workshop manual MC Road & Track shock absorber TTX* for correct procedure.

### **⚠ Warning!**

*Do not turn the adjustable end eye to more than 6 turns from fully in. At this point the groove is just visible below the lock nut.*

### 1.2

Set the end eye to the wanted length.  
Tighten the lock nut to 40 Nm.



# MOUNTING INSTRUCTIONS

## 2 Fork +10 mm length/ stroke increase

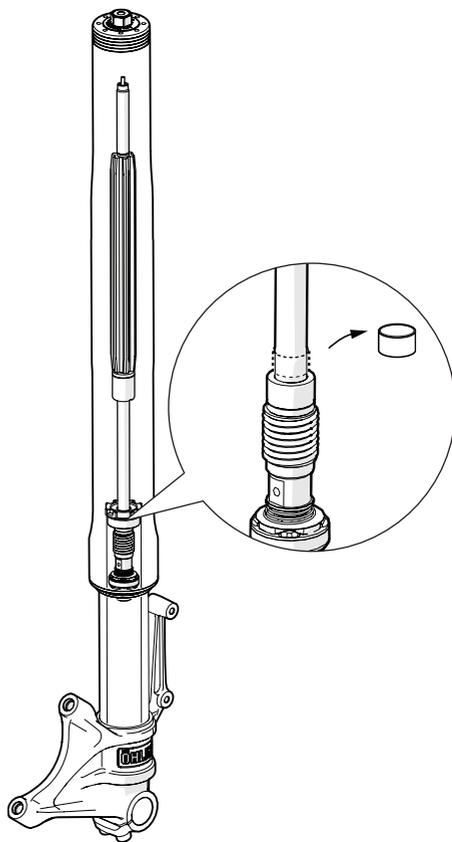
### 2.1

See the Öhlins Workshop manual for OEM Front Forks for correct procedure.

Remove the 10 mm collar on the shaft between the top out spring and the seal head.

Install the preload tube supplied in this kit.

Do the procedure for both fork legs.



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Öhlins products are subject to continuous improvement and development, therefore, although these instructions include the most up-to-date information available at the time of printing, minor updates may occur.

To find the latest information contact an Öhlins distributor. Please contact Öhlins if you have any questions regarding the contents in this document.

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