



Bike on a stand.

Bike on the ground.

Bike with rider on.

### Setup data

Shock absorber length	319 mm
Shock absorber stroke	82 mm
Spring pre-load	7 mm

### Checking sag and ride height

#### Front suspension

F1. Bike on a stand with the suspension fully extended = .....

F2. Bike on the ground without rider = .....

F3. Bike on the ground with rider = .....

**Free sag** F1 - F2 = .....

**Ride height** F1 - F3 = .....

#### Rear suspension

R1. Bike on a stand with the suspension fully extended = .....

R2. Bike on the ground without rider = .....

R3. Bike on the ground with rider = .....

**Free sag** R1 - R2 = .....

**Ride height** R1 - R3 = .....

# Mounting Instructions

Öhlins shock absorber kit BM 701  
for BMW K 1200 RS, front



### Öhlins shock absorber 36 D

Your Öhlins shock absorber type 36 D features the following adjuster:

#### Spring pre-load adjuster

Adjustments are made by turning the threaded ring on the shock absorber body. Use the tool provided. Clockwise for harder adjustment, counter clockwise to release the pre-load.

#### NOTE!

*When delivered the Öhlins shock absorber is dialed to recommended settings for the specific brand and make of the vehicle. If you have changed the settings, see Setup data on the last page.*



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## Safety signals

Important information concerning safety is distinguished in this manual by the following notations:



*The Safety alert symbol means:  
Caution! Your safety is involved.*

### ⚠ WARNING!

*Failure to follow warning instructions could result in **severe or fatal injury** to anyone working with, inspecting or using the suspension, or to bystanders.*

### CAUTION!

*Caution indicates that special precautions must be taken to avoid damage to the suspension.*

### NOTE!

*This indicates information that is of importance with regard to procedures.*

Öhlins products are subject to continual improvement and development. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions with regard to the contents of the manual.

### NOTE!

*During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.*

## Kit contents

Before installing the shock absorber, please check the contents of the kit. If anything is missing, contact your Öhlins dealer.

Description	Pcs.	Part No.
Shock absorber 36 D	1	BM 701
C-spanner	1	00710-01
Sticker Öhlins	2	00192-01
Owners manual	1	

## Mounting instructions

### 1

Put the motorcycle on a stand so the front wheel is clear of the ground. Make sure it's steadily fixed so it will not fall over.

### ⚠ WARNING!

1. It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber.
2. Instructions in the vehicle service manual are to be followed when changing the shock absorber.
3. When working on a lifted vehicle it must be securely supported to prevent it from falling.

### 2

Remove the seat and the sides of the fairing.

### 3

Loosen the gas tank and move it rearwards so that the upper shock absorber mounting is within reach.

### 4

Loosen first the lower then the upper shock absorber mounting bolt.

### 5

Remove the shock absorber downwards.

### 6

Fit the shock absorber. Use the standard mounting rubbers, washer and nut for the top mounting. Fit the upper nut first.

### NOTE!

*If it is difficult to get the shock absorber in place, loosen the pre-load adjuster rings so that it is easier to compress the shock absorber a bit. Make sure to return them to the correct position when the shock absorber is in place.*

### 7

Fit the lower shock absorber mounting bolt. Mount the gas tank, the fairing sides and the seat.

### NOTE!

*Make sure that all bolts are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is being fully compressed or extended.*

### 8

Continue your work according to the Owners Manual, section Adjustments.

## Before installation

Öhlins Racing AB can not be held responsible for any damage whatsoever to shock absorber or vehicle, or injury to persons, if the instructions for fitting and maintenance are not followed exactly.

Similarly, the warranty will become null and void if the instructions are not adhered to.

### ⚠ WARNING!

*1. Installing a shock absorber, that is not approved by the vehicle manufacturer, may affect the stability of your vehicle. Öhlins Racing AB cannot be held responsible for any personal injury or damage whatsoever that may occur after fitting the shock absorber. Contact an Öhlins dealer or other qualified person for advice.*

*2. Please study and make certain that you fully understand all the mounting instructions and the owners manuals before handling this shock absorber kit. If you have any questions regarding proper installation procedures, contact an Öhlins dealer or other qualified person.*

*3. The vehicle service manual must be referred to when installing the Öhlins shock absorber*