

Kit Contents

Description	Part No	Pcs
Shock absorber	HO153E	1
Sticker Öhlins	00192-01	2
Washer	00414-01	2
Screw	00429-01	2
Lock nut	00430-01	2
Hook spanner	00710-01	2
Owner's manual	07241-02	1

Note!

Please note that during storage and transportation, especially at high ambient temperature, some of the oil and grease used for assembling may leak and stain the packaging. This is in no way detrimental to the product, wipe off the excessive oil/grease with a cloth.

Warning!

Before installing this product, read the Öhlins Owner's Manual. The shock absorber/front fork/steering damper is an important part of your vehicle and will affect the stability.

Shock absorber for Honda

HO 153E

Mounting Instructions

Model

CB 750F 80-84	CB 900F2
CB 750F2	CBX 1000 78-81
CB 750 KZ 79-84	CB 1100F 82-85
CB 900F 79-84	CB 1100R 81-84



MOUNTING INSTRUCTIONS

Warning!

It is advisable to have an Öhlins dealer install the shock absorber/front fork/steering damper.

Warning!

If working on a raised vehicle, ensure it is securely supported so that it will not tip.

Note!

Before mounting this product clean the vehicle thoroughly.

Note!

When working on this product, always see the Vehicle Service Manual for vehicle specific procedures and important data.

1

Note the position of the attachment bracket. Make sure that there is enough clearance to other details, in loaded and unloaded position.

Note!

HONDA CBX only; The helmet lock on the left side needs to be removed.

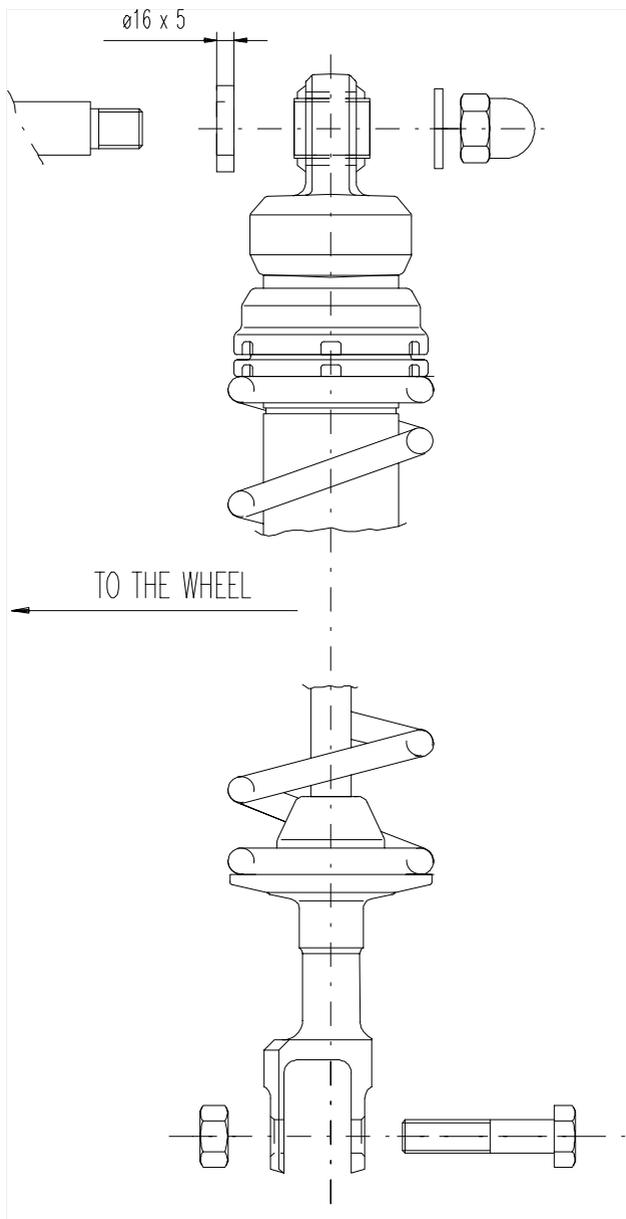
Note!

Lower the vehicle so that the suspension is slightly compressed before tightening the screws.

Caution!

Ensure that all screws are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber/front fork/steering damper when the suspension is fully compressed or extended.

MOUNTING INSTRUCTIONS



ADJUSTMENTS

Warning!

Before riding, always make sure that the basic settings made by Öhlins are according to recommended Set-up Data. Read about adjustments and setting up in the Öhlins Owner's Manual before you make any adjustments. Contact an Öhlins dealer if you have any questions about setting up.

SET-UP DATA

Length	364	mm
Stroke	97	mm
Spring preload	1st groove	

 Öhlins products are subject to continuous improvement and development, therefore, although these instructions include the most up-to-date information available at the time of printing, minor updates may occur.

To find the latest information contact an Öhlins distributor. Please contact Öhlins if you have any questions regarding the contents in this document.

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